



# Voting By Post

This section explains how you can apply for a postal vote.

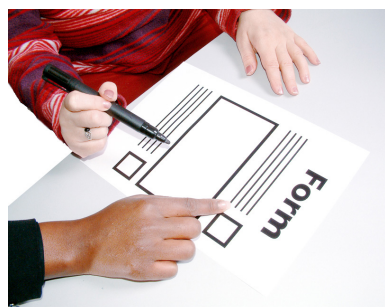
# Voting by post



This section will explain how to vote by post

You will find out about:

1. What you need to do before an election
2. How to send your vote by post in an election



If you want to vote by post you will need to contact your local elections team who will send you a form. You should fill out the postal vote application form and send it back to your local elections team. Before elections, you will receive a ballot paper in the post.

To find out how to contact your local elections team visit [www.electoralcommission.org.uk/voter](http://www.electoralcommission.org.uk/voter)



## What to do before the election

You will need to apply to vote by post by 5pm on Tuesday 19 April.

Contact information  
email: [campaigns@mencap.org.uk](mailto:campaigns@mencap.org.uk)  
telephone: **0207 696 6009**

# Voting by post



When you fill out your postal vote application form you will need to complete:

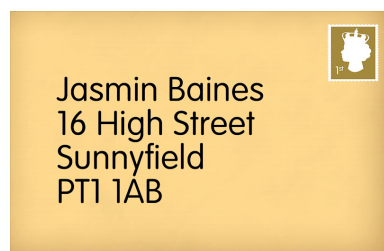
- Your name
- Address where you are registered to vote
- How long you want a postal vote for

You can tick a box that says “until further notice” if you want to vote in all elections by post.



You can choose to apply to vote by post for a certain length of time. For example, you could say you only want to vote by post between 2022 and 2026.

If you want to vote by post for one election, you should add the date of the election.



- Address for the ballot paper to be posted to

Write the address you would like your postal ballot paper to be sent to. If you are applying for a postal vote for more than one election, this is the address that all future postal votes will be sent to.

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email: [campaigns@mencap.org.uk](mailto:campaigns@mencap.org.uk)  
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The address is usually your home address but if you are going to be away, for example on holiday, you can add the address where you will be staying. You will need to say why you want to use this address. Your local elections team can help if you are not sure what to put.



- Declaration

Finally, fill in the 'Your date of birth and declaration' section. Write your date of birth and sign in the box. If you can't sign, get in touch with your local elections team and they can help.



Then post your form to the address provided.



Before the election, you will receive a postal vote pack with a ballot paper that shows you who you can vote for. You don't need to wait until election day to complete your ballot paper. You can fill in your ballot paper as soon as you are ready.

## How to vote using your postal vote

The postal ballot pack will include a prepaid envelope which you use to send back your ballot paper.



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email: [campaigns@mencap.org.uk](mailto:campaigns@mencap.org.uk)  
telephone: 0207 696 6009

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You can also take your postal ballot pack to your polling station on election day.

Need help? You can find out more about voting on the Mencap website: [www.mencap.org.uk/get-involved/campaigning/guides-voting](http://www.mencap.org.uk/get-involved/campaigning/guides-voting)



If you have any questions you can call the Mencap election hotline on 0207 696 6009.

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email: [campaigns@mencap.org.uk](mailto:campaigns@mencap.org.uk)  
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The  
Electoral  
Commission

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email: [campaigns@mencap.org.uk](mailto:campaigns@mencap.org.uk)  
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