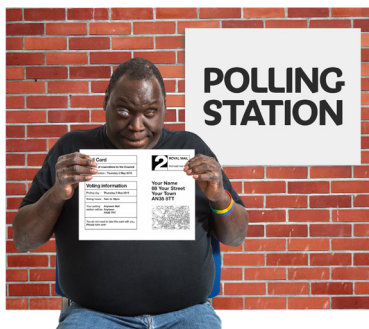




# Voting At A Polling Station

This section explains how you vote at a polling station

# Voting at a polling station



This section will explain how to vote at a polling station.

You will find out about:

1. What to expect at a polling station
2. Who you can ask for help

When you have registered to vote, you can vote in person at a polling station.



Before an election, you will be sent a poll card.

This card will tell you where your polling station is and where you need to go to vote.



Polling stations are often in churches, community centres and schools. However, they can be in all sorts of places.



Polling stations are open from 7am to 10pm on Thursday 5 May.

Contact information  
email: [campaigns@mencap.org.uk](mailto:campaigns@mencap.org.uk)  
telephone: **0207 696 6009**

# Voting at a polling station

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It can be useful to take your poll card with you when you go to vote.



When you arrive at a polling station, you will be asked to give your name and address.

If you are unsure what to do when you get to the polling station, ask the staff at the polling station. They are there to help you.



You can also ask someone to come to the polling station with you to help you. This person must be registered to vote in the election you are voting in. For example, a family member or a support worker.

This person can also help you fill in your ballot paper. If you choose this, you will need to let the polling station staff know and the person helping you will need to fill in a form.

If you don't have anyone with you and you need help filling in your ballot paper, the polling station staff can help you.

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# Voting at a polling station

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Need help? You can find out more about voting on the Mencap website: [www.mencap.org.uk/get-involved/campaigning/guides-voting](http://www.mencap.org.uk/get-involved/campaigning/guides-voting)

If you have any questions you can call the Mencap election hotline on 0207 696 6009.



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The  
Electoral  
Commission

Contact information  
email: [campaigns@mencap.org.uk](mailto:campaigns@mencap.org.uk)  
telephone: **0207 696 6009**