

HOUSEHOLD SURVEY 2016/17

Appendix 6

Qs 3-4 Health & Wellbeing

Q3: On an average day how would you rate your general health?

Q4 : On an average day how would you rate your general health?

KEY FINDINGS

- **Overall**
 - Positive results for the District in terms of both Health and Wellbeing with positive (good / very good) responses of around 80% in both areas, and with negative (poor / very poor) being around 5% for both. Age weighting had minimal impact on the overall results.. Net difference (good + very good minus poor + very poor) has been used throughout
- **Health**
 - 25-34s and 35-44s age groups reported the highest net difference
 - Over 75s had the lowest net difference, followed perhaps surprisingly by the 16-24 age group
 - Female respondents had a slightly higher net difference than males, although they also had a slightly higher % of poor and very poor responses.
 - Unsurprisingly there was a very significant difference (some 60 percentage points) between those reporting a disability or infirmity, and those who do not
 - A reasonably wide range of results was reported at Ward level with the highest Osbournby (88.7%) and lowest Heckington Rural (56.0%)
- **Wellbeing**
 - 25-34s and 45-54s age groups reported the highest net difference.
 - Again the over 75s and the 16-24s had the lowest net difference
 - Male respondents had a slightly higher net difference than females, whilst again there was a marked difference (40 percentage points) for those reporting a disability or infirmity.
 - Again Osbourby was the highest scoring ward (90.6%), as compared with the lowest, Sleaford Navigation (53.3%). Worth noting that there is then an 11 point gap to Heckington Rural (64.6%).
- **Cross-referencing Health, Wellbeing, and Physical Activity**
 - Whilst close to 60% who rated their Health negatively (poor or very poor) similarly rated their Wellbeing, 20% rated their wellbeing as good or very good
 - In contrast 94% of those with positive Health showed a positive response also for Wellbeing, with less than 0.5% rating their Wellbeing negatively.
 - Almost 70% of those with poor / very poor health had physical activity levels of less than once per week; as compared with 22% of those reporting good / very good health
 - Whilst over 80% reported their Wellbeing as good / very good their levels of physical activity were fairly evenly spread across the four physical activity groupings.

Q3: On an average day, how would you rate your general health?

Total Respondents : 3341 : Raw Data Summary				
Very Poor	Poor	Neither Good nor Poor	Good	Very Good
25	171	545	1852	748
0.7%	5.1%	16.3%	55.4%	22.4%
5.8%			77.8%	
NET DIFFERENCE 72.0% (Positives minus Negatives)				

Total Respondents : 3341 : Age Weighted Data Summary				
Very Poor	Poor	Neither Good nor Poor	Good	Very Good
0.6%	5.2%	16.3%	55.1%	22.47%
5.8%			77.8%	
NET DIFFERENCE 72.0% (Positives minus Negatives)				

AGE GROUP BREAKDOWN											
Group	Very poor		Poor		Neither good nor poor		Good		Very good		NET
16-24	0	0.0%	5	6.1%	18	22.0%	42	51.2%	17	20.7%	65.9%
25-34	1	0.5%	9	4.5%	21	10.4%	117	58.2%	53	26.4%	79.6%
35-44	0	0.0%	15	4.0%	45	12.0%	221	58.8%	95	25.3%	80.1%
45-54	6	0.9%	23	3.5%	82	12.6%	366	56.1%	175	26.8%	78.5%
55-64	11	1.5%	31	4.3%	112	15.6%	406	56.4%	160	22.2%	72.8%
65-74	3	0.4%	51	6.0%	154	18.1%	476	56.0%	166	19.5%	69.2%
Over 75	4	1.2%	29	8.6%	90	26.7%	158	46.9%	56	16.6%	53.7%
	25	0.8%	163	5.1%	522	16.2%	1786	55.5%	722	22.4%	72.1%

Q3: On an average day, how would you rate your general health?

GENDER BREAKDOWN											
Gender	Very poor		Poor		Neither Good nor Poor		Good		Very good		NET
Female	12	0.8%	79	5.4%	215	14.6%	811	55.1%	355	24.1%	73.0%
Male	13	0.8%	83	4.8%	306	17.7%	965	55.8%	361	20.9%	71.2%
Total	25	0.8%	162	5.1%	521	16.3%	1776	55.5%	716	22.4%	72.0%

DO YOU HAVE ANY LONGSTANDING ILLNESS, DISABILITY OR INFIRMITY											
	Very poor		Poor		Neither Good nor Poor		Good		Very good		NET
No	1	0.0%	29	1.2%	245	10.0%	1472	59.9%	705	28.7%	87.4%
Yes	24	2.8%	139	16.3%	295	34.5%	358	41.9%	35	4.1%	26.9%
Total	25	0.8%	168	5.1%	540	16.3%	1830	55.3%	740	22.3%	71.8%

RESIDENCY in NK (Years)											
Yrs	Very poor		Poor		Neither Good nor Poor		Good		Very good		NET
0 to 5	2	0.4%	25	4.9%	73	14.4%	276	54.3%	132	26.0%	75.0%
6 to 10	7	1.7%	23	5.5%	59	14.0%	230	54.8%	101	24.0%	71.7%
11 to 20	7	0.9%	37	4.7%	142	18.1%	442	56.4%	156	19.9%	70.7%
21 to 30	5	1.1%	27	5.7%	70	14.8%	264	55.9%	106	22.5%	71.6%
31 to 40	0	0.0%	16	5.5%	47	16.0%	165	56.3%	65	22.2%	73.0%
> 40	2	0.5%	21	4.9%	94	21.8%	222	51.5%	92	21.3%	67.5%
ALL	23	0.8%	149	5.1%	485	16.7%	1599	55.0%	652	22.4%	71.5%

Q3: On an average day, how would you rate your general health?

WARD	Very poor	Poor	Neither good nor poor	Good	Very Good	-ve	+ve	Net
Osournby	1.9%	0.0%	7.5%	64.2%	26.4%	1.9%	90.6%	88.7%
Eagle, Swinderby and Witham St Hughs	0.8%	3.8%	9.9%	58.0%	27.5%	4.6%	85.5%	80.9%
North Hykeham Forum	1.2%	3.6%	10.8%	63.9%	20.5%	4.8%	84.3%	79.5%
Cliff Villages	0.0%	4.6%	11.6%	53.2%	30.6%	4.6%	83.8%	79.2%
North Hykeham Memorial	0.0%	1.7%	18.3%	61.7%	18.3%	1.7%	80.0%	78.3%
Ashby de la Launde and Cranwell	0.0%	2.4%	16.9%	54.0%	26.6%	2.4%	80.6%	78.2%
Bassingham and Brant Broughton	0.7%	3.7%	14.1%	58.5%	23.0%	4.4%	81.5%	77.0%
Sleaford Westholme	0.0%	2.2%	19.6%	63.0%	15.2%	2.2%	78.3%	76.1%
Sleaford Quarrington and Mareham	0.5%	4.1%	15.2%	58.1%	22.1%	4.6%	80.2%	75.6%
Bracebridge Heath and Waddington East	0.9%	2.8%	17.5%	55.8%	23.0%	3.7%	78.8%	75.1%
Metheringham	0.7%	4.0%	16.1%	59.7%	19.5%	4.7%	79.2%	74.5%
North Hykeham Moor	0.0%	6.9%	12.1%	60.3%	20.7%	6.9%	81.0%	74.1%
Sleaford Castle	0.0%	6.3%	14.1%	59.4%	20.3%	6.3%	79.7%	73.4%
North Hykeham Mill	1.5%	5.3%	13.6%	50.8%	28.8%	6.8%	79.5%	72.7%
Heighington and Washingborough	0.5%	7.2%	14.0%	52.9%	25.3%	7.7%	78.3%	70.6%
Skellingthorpe	2.2%	4.4%	16.5%	59.3%	17.6%	6.6%	76.9%	70.3%
Waddington West	0.0%	3.8%	22.8%	51.9%	21.5%	3.8%	73.4%	69.6%
Branston	0.0%	5.0%	21.0%	52.1%	21.8%	5.0%	73.9%	68.9%
Sleaford Holdingham	1.6%	4.7%	18.8%	57.8%	17.2%	6.3%	75.0%	68.8%
Billingham, Martin and North Kyme	0.0%	9.0%	15.0%	51.0%	25.0%	9.0%	76.0%	67.0%
Ruskington	1.2%	7.8%	15.7%	59.6%	15.7%	9.0%	75.3%	66.3%
North Hykeham Witham	2.5%	5.1%	19.0%	54.4%	19.0%	7.6%	73.4%	65.8%
Kirkby la Thorpe and South Kyme	1.5%	6.1%	19.7%	62.1%	10.6%	7.6%	72.7%	65.2%
Leasingham and Rauceby	2.4%	5.9%	22.4%	49.4%	20.0%	8.2%	69.4%	61.2%
Sleaford Navigation	2.3%	6.8%	22.7%	43.2%	25.0%	9.1%	68.2%	59.1%
Heckington Rural	0.6%	8.4%	25.9%	47.0%	18.1%	9.0%	65.1%	56.0%
Wards TOTAL	0.8%	5.0%	16.3%	55.7%	22.2%	5.8%	77.9%	72.1%

Q4: On an average day, how would you rate your general wellbeing?

Total Respondents : 3342 : Raw Data Summary				
Very Poor	Poor	Neither Good nor Poor	Good	Very Good
19	135	478	1938	772
0.6%	4.0%	14.3%	58.0%	23.1%
4.6%			81.1%	
NET DIFFERENCE 76.5% (Positives minus Negatives)				

Total Respondents : 3342 : Age Weighted Data Summary				
Very Poor	Poor	Neither Good nor Poor	Good	Very Good
0.6%	4.2%	14.6%	58.1%	22.5%
4.8%			80.6%	
NET DIFFERENCE 75.8% (Positives minus Negatives)				

AGE GROUP BREAKDOWN											
Group	Very poor		Poor		Neither good nor poor		Good		Very good		NET
16-24	0	0.0%	5	6.1%	15	18.3%	48	58.5%	14	17.1%	69.5%
25-34	2	1.0%	6	3.0%	23	11.4%	119	58.9%	52	25.7%	80.7%
35-44	2	0.5%	14	3.7%	56	14.9%	227	60.4%	77	20.5%	76.6%
45-54	6	0.9%	19	2.9%	75	11.5%	389	59.6%	164	25.1%	80.9%
55-64	4	0.6%	32	4.5%	92	12.8%	416	57.9%	174	24.2%	77.2%
65-74	3	0.4%	33	3.9%	129	15.2%	489	57.5%	197	23.1%	76.4%
Over 75	2	0.6%	23	6.8%	64	19.0%	178	52.8%	70	20.8%	66.2%
	19	0.6%	132	4.1%	454	14.1%	1866	58.0%	748	23.2%	76.5%

Q4: On an average day, how would you rate your general wellbeing?

GENDER BREAKDOWN											
Gender	Very poor		Poor		Neither Good nor Poor		Good		Very good		NET
Female	13	0.9%	70	4.7%	209	14.2%	830	56.3%	352	23.9%	74.6%
Male	6	0.3%	62	3.6%	247	14.3%	1022	59.1%	391	22.6%	77.8%
Total	19	0.6%	132	4.1%	456	14.2%	1852	57.8%	743	23.2%	76.3%

DO YOU HAVE ANY LONGSTANDING ILLNESS, DISABILITY OR INFIRMITY											
	Very poor		Poor		Neither Good nor Poor		Good		Very good		NET
No	4	0.2%	38	1.5%	232	9.4%	1490	60.6%	693	28.2%	87.1%
Yes	15	1.8%	96	11.2%	240	28.1%	430	50.4%	73	8.5%	45.9%
Total	19	0.6%	134	4.0%	472	14.3%	1920	58.0%	766	23.1%	76.5%

RESIDENCY in NK (Years)											
Yrs	Very poor		Poor		Neither Good nor Poor		Good		Very good		NET
0 to 5	2	0.4%	16	3.1%	65	12.8%	304	59.7%	122	24.0%	80.2%
6 to 10	4	1.0%	18	4.3%	59	14.0%	237	56.4%	102	24.3%	75.5%
11 to 20	8	1.0%	31	4.0%	117	14.9%	465	59.3%	163	20.8%	75.1%
21 to 30	1	0.2%	25	5.3%	65	13.8%	264	56.2%	115	24.5%	75.1%
31 to 40	1	0.3%	11	3.7%	44	15.0%	162	55.1%	76	25.9%	76.9%
> 40	1	0.2%	15	3.5%	76	17.6%	249	57.8%	90	20.9%	74.9%
ALL	17	0.6%	116	4.0%	426	14.6%	1681	57.8%	668	23.0%	76.2%

Q4: On an average day, how would you rate your general wellbeing?

WARD	Very poor	Poor	Neither good nor poor	Good	Very Good	-ve	+ve	Net
Osbournby	0.0%	1.9%	5.7%	62.3%	30.2%	1.9%	92.5%	90.6%
Waddington West	0.0%	2.5%	8.9%	60.8%	27.8%	2.5%	88.6%	86.1%
North Hykeham Forum	1.2%	3.7%	6.1%	67.1%	22.0%	4.9%	89.0%	84.1%
Cliff Villages	0.0%	4.7%	8.7%	58.1%	28.5%	4.7%	86.6%	82.0%
North Hykeham Memorial	0.0%	3.3%	11.7%	68.3%	16.7%	3.3%	85.0%	81.7%
Bassingham and Brant Broughton	0.7%	2.2%	12.6%	61.5%	23.0%	3.0%	84.4%	81.5%
Ashby de la Launde and Cranwell	0.8%	2.4%	12.2%	58.5%	26.0%	3.3%	84.6%	81.3%
Sleaford Quarrington and Mareham	0.5%	2.8%	12.9%	60.4%	23.5%	3.2%	83.9%	80.6%
Sleaford Westholme	0.0%	2.2%	15.2%	58.7%	23.9%	2.2%	82.6%	80.4%
North Hykeham Mill	0.8%	3.0%	12.1%	57.6%	26.5%	3.8%	84.1%	80.3%
Metheringham	0.7%	2.7%	13.3%	62.0%	21.3%	3.3%	83.3%	80.0%
Bracebridge Heath and Waddington East	0.5%	2.3%	14.7%	60.6%	22.0%	2.8%	82.6%	79.8%
Heighington and Washingborough	0.5%	3.6%	15.3%	55.0%	25.7%	4.1%	80.6%	76.6%
North Hykeham Moor	0.0%	5.2%	13.8%	62.1%	19.0%	5.2%	81.0%	75.9%
Sleaford Castle	1.5%	3.1%	15.4%	56.9%	23.1%	4.6%	80.0%	75.4%
North Hykeham Witham	1.3%	2.5%	17.7%	60.8%	17.7%	3.8%	78.5%	74.7%
Skellingthorpe	1.1%	5.6%	12.2%	62.2%	18.9%	6.7%	81.1%	74.4%
Eagle, Swinderby and Witham St Hughs	0.8%	4.6%	16.0%	54.2%	24.4%	5.3%	78.6%	73.3%
Kirkby la Thorpe and South Kyme	0.0%	7.6%	12.1%	62.1%	18.2%	7.6%	80.3%	72.7%
Ruskington	1.2%	4.8%	16.8%	58.7%	18.6%	6.0%	77.2%	71.3%
Billingham, Martin and North Kyme	0.0%	6.0%	19.0%	48.0%	27.0%	6.0%	75.0%	69.0%
Branston	0.8%	4.2%	21.0%	47.9%	26.1%	5.0%	73.9%	68.9%
Sleaford Holdingham	0.0%	4.7%	21.9%	59.4%	14.1%	4.7%	73.4%	68.8%
Leasingham and Rauceby	1.2%	7.1%	16.5%	52.9%	22.4%	8.2%	75.3%	67.1%
Heckington Rural	0.6%	7.3%	19.5%	50.0%	22.6%	7.9%	72.6%	64.6%
Sleaford Navigation	2.2%	11.1%	20.0%	40.0%	26.7%	13.3%	66.7%	53.3%
Wards Total	0.6%	4.0%	14.3%	57.8%	23.2%	4.7%	81.0%	76.4%

Q3 & Q 4: The tables below cross reference the results for Health and Wellbeing (A); and the Health with Physical Activity (B) and similarly Wellbeing with Physical Activity (C)

A		Wellbeing Rating		
Health Rating		Poor / Very Poor	Neither good nor poor	Good / Very Good
	Poor / Very Poor	58.7%	21.9%	19.4%
	Neither good nor poor	5.2%	55.1%	39.8%
	Good / Very Good	0.4%	5.2%	94.4%

B		Physical Activity			
Health Rating		Less than once a week	1 or 2 times a week	3 or 4 times a week	5 or more times per week
	Poor / Very Poor	68.2%	18.8%	7.8%	5.2%
	Neither good nor poor	49.7%	26.3%	15.8%	8.1%
	Good / Very Good	21.9%	28.4%	29.0%	20.7%

C		Physical Activity			
Wellbeing Rating		Less than once a week	1 or 2 times a week	3 or 4 times a week	5 or more times per week
	Poor / Very Poor	69.1%	19.1%	6.6%	5.3%
	Neither good nor poor	47.1%	25.6%	17.6%	9.7%
	Good / Very Good	23.6%	28.4%	28.1%	19.9%